

4/1/2018

Hi Bob,

I just wanted to highlight some of the volunteer information that is not on my resume. I am presently on the Governor's Family Task Force, a group of active and informed family members who have or have had an opioid and/or substance use disorder and are now raising public awareness, educating, and advocating for policy reform, accessible and effective substance use prevention, rescue, treatment and recovery. Our priorities are to: 1) increase the Task Force expertise in opioid use and other Substance Use Disorders (SUD), 2) provide information and support to families affected by opioid use and other SUDs, 3) address stigma associated with SUD through public and professional education and 4) support development of statewide curriculum on SUDs.

I am a cofounder and executive director for Resources Education and Support Together (REST), a nontraditional support group that is changing the narrative and roles of families that struggle to deal with a Loved One with SUD. REST's mission is to empower families through education, support and access to training and resources. REST fosters taking care of the needs of each individual in the family, the healthier the family unit the better. REST encourages, directing and influencing a Loved One through education, new skills and strategies, into a better way of life.

REST is in the process of creating a Crisis Toolkit for families. The toolkit will contain:

- 1) A dose of Narcan with literature and instructions on the when and how to use it.
- 2) A Detera charcoal medicine deactivation kit.
- 3) A complimentary membership to the website Allies in Recovery (AiR), an eLearning site with modules teaching the CRAFT method of intervention for families. AiR also includes access to in house professionals, a Q & A blog, activities, journaling, a personal sanctuary area, and much more.
- 4) A 12-panel drug test.
- 5) A REST created framework of how to create a crisis plan for the family.
- 6) Resources for the family and their Loved One for treatment, detox, support groups and more.

REST is a project of the Governor's Family Task Force. REST is based in Bristol and working in collaboration with the Parent Support Network in Warwick. We offer three meetings in Bristol, Warwick and Butler Hospital. We are also launching a new meeting in Newport in the new Parent Support Network recovery center. In addition to land meetings we will be offering online videoconference meetings to help remove the barriers to the inability to attend.

I have also been volunteering my time and experience as a teacher to write and present prevention curriculum for Creating Outreach About Addiction Support Together (COAAST). Presently, we have presented to East Greenwich High School seniors and at the VAARSA conference in South Kingston.

If you have any further questions or need more information, please feel free to contact me. I look forward to working with you.

Laurie MacDougall